## **UNITY OF INNER PEACE NEWSLETTER FOR NOVEMBER, 2016**

Dear Unity Friends,

As I write this, I realize that our national election is less than one week away. Turmoil seems to reign. It seems thus important to remind us all of Unity's basic teachings.

"Metaphysics is the study of the ultimate reality that underlies and transcends the physical realm. In Unity, we refer to this reality as divine ideas.

<u>Absolute Truth</u> is the realm of divine ideas in God Mind. Truth is absolute, universal, unlimited, unconditional, unchanging, and complete.

The term <u>relative truth</u> refers to the world of the senses. Time, space, form, changeability, experience, and perspective are components inherent in the concept of relative truth. It is our experience as humans living on the physical earth plane.

The <u>relative world</u>, or the world of appearances, does not have independent existence from the Absolute realm. It exists solely through the formative power of thought.

Even though <u>relative experiences</u> are not considered to be eternal Truth and therefore are not in the same realm as the Absolute, we tend to <u>experience</u> them as real. They <u>feel</u> very real. This is why there is such a strong need to cultivate balance in our lives as we learn to acknowledge our humanity and affirm our divinity."

AMEN!

Lovingly, Judy

\_\_\_\_\_

## **SUNDAY SCHEDULE:**

Nov. 6 \*\*\*\*\*\*\*\*Release Daylight Savings Time, You Have an Extra Hour\*\*\*\*\*\*\*\*

Speaker, Brandon Young. Title: "the spiritual journey and the roll shame plays in it"

This is the story of how unworthiness supports our sense of self(ego) and how much if not all of what we do is to avoid the hidden parts of ourselves which are locked away by shame. I will touch on how the spiritual journey can be used by the ego to avoid shame. I will talk about how to not eliminate shame but to make friends with it. I will talk about how to face it directly by using love, understanding, radical acceptance, surrender and noting.

Brandon describes himself in this way: *I, like you, am trying to learn nothing separates "us" from any enlightened "free" person (master.)* 

## Nov. 13

DVD. 54 minute video. "A Celtic Pilgrimage," a walk through Western Ireland with Irish poet and philosopher **John O'Donohue**.

## Nov. 20 \*\*\*\*\*\*THANKSGIVING POTLUCK\*\*\*\*\*\*\*\*

Speaker, Melissa Middleton. "Awakening to Personal Challenge."

### Nov. 27

CD and Discussion. **Adyashanti** in his own voice. Continuing the audio series, "Resurrecting Jesus: Embodying the Spirit of a Revolutionary Mystic."

\_\_\_\_\_\_

#### ANNOUNCEMENTS:

Christmas Service is Sunday, Dec. 18th.

One of our favorite services during the year is our Christmas service. Besides just the ambiance of the season, what makes it special is the participation of our members and friends. Singers, instrumentalists, readers, creators of plays have all had their moments to spread the joy. We are certainly not traditional, so creativity is encouraged. So what is it YOU would like to do to make Christmas service 2016 warm or humorous or especially sacred? Please don't be bashful or overly modest. Don't sit and hope that someone will approach you with an invitation. Step up, and contact Judy McGowan - now- so that we can mesh it all together for the big day.

Recently the Board had a special evening meeting to discuss the results of the survey that you responded to this year. Under consideration are such things as a name change - from Unity of Inner Peace to Unity of Marquette; requesting that our name be added to the signage on the lawn of our meeting place - the Marquette Federated Women's Club building; redesigned welcome packets; posters and pamphlets for community distribution; inviting community musicians as Sunday service speakers/performers. We hope that you will be inspired by these and other changes and that they will bring new energy to our ministry/study group.

\_\_\_\_\_

#### FINANCIALS:

Financial information will be printed at the end of each quarter. The January 2017 newsletter will contain specifics from the fourth quarter of 2016. In the meantime, for those of you who have responded to our request that you consider increasing your donations so that we can more comfortably meet our financial obligations, we express deep gratitude. We know that Unity of Inner Peace fills a real need in the spiritual community of Marquette. Long may we thrive!

#### **PRAYER SUPPORT:**

We regard it as a sacred privilege to be asked to support people with our prayers of affirmation. In this light, we mention the names of Carol Birnbaum, who is basically homebound but who immerses herself in a realm of spiritual Truth; Jim Clumpner, who inspires by his tenacity in holding to The Truth; Helen Haskell Remien, who according to her blog, has hoisted her back pack and is off to hike The Camino; Bob Lamb, who tells us that he's using a walker, is getting stronger every day, and hopes to join us at a Sunday morning service soon; Mary Soper, remains optimistic as her broken foot continues to heal; and Dorit Stilling, whose passion for independence is still strong as she allows herself to reap from others the sunshine and love that she sowed for so many years.

We also have a very special prayer request for a young man named Evan Murray. Diana Oman writes, "Evan is out of induced coma. He is doing better but is in a lot of pain. He is on the road to recovery from his car crash but will be in MGH/then on to rehab for many more weeks. Please keep the prayers heading his way!"

Always remember that Silent Unity exists for you. If you have special prayer requests call 1-(800) NOW-PRAY. Your calls will be answered 24/7, and their service is free or by donation.

\_\_\_\_\_

**BIRTHDAYS:** Birthday folks, You are seen and appreciated. May your day be special.

Ken Paulin, Nov.8 Pamela Monroe, Nov. 12 Jesse Ossenheimer, Nov. 21

\_\_\_\_\_\_

#### **GENERAL INFORMATION:**

Our meetings/services are held at the clubhouse of the Marquette Federated Women's Clubs at 104 W. Ridge St., Marquette, MI 49855. We begin at 10:00 AM Eastern Time. All are welcome. Please check our website at <a href="mailto:unityofinnerpeace.org">unityofinnerpeace.org</a> or our Facebook page at HTTPS://www.facebook.com/Unity-of-Inner-Peace-918296191554881/ for further information.

Our Board Members are as follows: Judy McGowan, President; Steve Schmunk, Vice-President & web master; David McGowan, Treasurer; Ann Russ, Secretary, Facebook page creator & **CELEBRANT.** Members at large are Militza English, Bob Lamb, Gail Razavi, and Bill Waters.

# "Our vision is a healed world."