

# UNITY OF INNER PEACE NEWSLETTER FOR MAY, 2018

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Dear Unity Friends,

Very recently, I had been traveling for work and not sleeping especially well in hotels. One night in particular found me tossing and turning, seeing 2AM, 3AM and 4AM pass on the clock. I knew I had to be up in a few hours, and my irritation with this sleeplessness was growing. Quickly.

As I'd been traveling, I'd also been listening to some CDs and watching some videos, "screening" them for their suitability for our Unity services. Unity-type ideas and songs had thus been filling my head. As a result, while lying there in bed not sleeping I suddenly caught myself humming "I am God's melody of life." Repeatedly!

When I realized what the tune was, it brought an involuntary smile to my (sleepy) face. Then I started thinking about Divine order, and whether I thought that it applied to everything *except* this sleepless night. Silly thought, of course. If I trust in the divine unfolding of things, this sleepless night must also fit into that unfolding. Maybe it would make me more sensitive to something the next day. Maybe it would cause me to move a bit slower, noticing more than I would have otherwise. Maybe my "compassion quotient" would be increased as a result.

Nothing shifted miraculously as far as sleeping that night but I was able to relax a bit and to count my blessings. I was in a comfortable bed, healthy, safe, loved, befriended- so much to be thankful for. This was only a poor night for sleeping, nothing disastrous. And it had shown me *clearly* the value of holding helpful spiritual thoughts and ideas-- and tunes! -- in mind. And further, to realize that I can bring them to the forefront of my mind at any time. That's a pretty good lesson- one I *might* even be willing to trade a good night's sleep for!

Wishing you all the joys of spring, and change, and thankfulness-  
Steve

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## SUNDAY SCHEDULE:

May 6

Video of Dr. Karmen Smith, from the Lake Havasu Center for Spiritual Living - "**Love Never Dies.**".

May 13

Speaker, **Helen Haskell Remien**. "**The Magic of Beginnings: What is Pulsing Within You Longing to Spring Forth?!?**"

May 20

Audio CD - Rev. Judy Ann Young from Las Vegas, NV, speaking at the Lake Havasu Center for Spiritual Living- "**Your Impersonal Self (and setting intentions)**"

May 27

Audio CD- Rev. Michael Jamison- "**Emerson's Church**" – on Ralph Waldo Emerson- Transcendentalism and Unity

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## ANNOUNCEMENTS:

As most of you know, Unity of Inner Peace is currently undergoing a leadership change. We welcome increased participation on everyone's part when it comes to leading the service, reading the Daily Word and leading meditation, selecting and playing music for the service, etc.

We also are looking for a board secretary to replace Ann Russ, who has indicated her wish to step down. She is willing to serve as *Secretary Pro Tem* for a few months, until we can find a replacement.

Finally, we especially welcome your thoughts and ideas for service speakers and topics. Feel free to email Dan Michelsen, our new President, at [dmichelsen57@gmail.com](mailto:dmichelsen57@gmail.com) with your ideas.

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#### **PRAYER SUPPORT:**

Some of our Unity Friends are unable to attend services on Sunday mornings. For them we invite prayers of affirmation for their wholeness, and knowledge that we care. They are Carol Birnbaum, Darlene Herkins, and Bob Lamb. We invite ongoing prayers for Dorit Stilling's Highest Good, and special prayers for the father of Gail Razavi - that his heart is strengthened, as well as for Gail herself - that we see her shoulder well, strong and flexible.

Also, always remember that Silent Unity is ready to receive your call should you want them to pray with you or for you. Call 1 (800) NOW PRAY. That is, [1 \(800\) 669-7729](tel:18006697729). They are available 24/7.

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#### **BIRTHDAYS:** May your birthday be the happiest ever -

Isaac Michelsen, May 10, 1995

Rev. Ruth Singer, May 17

Mary Wardell, May 18

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#### **GENERAL INFORMATION:**

Our meetings/services are held at the clubhouse of the Marquette Federated Women's Clubs at 104 W. Ridge St., Marquette, MI 49855. We begin at 10:00 AM Eastern Time. Please check our website at [unityofinnerpeace.org](http://unityofinnerpeace.org) or visit our Facebook page at [HTTPS://www.facebook.com/Unity-of-Inner-Peace-918296191554881/](https://www.facebook.com/Unity-of-Inner-Peace-918296191554881/) for further information.

Our Board members and assignments are as follows: Dan Michelsen, President; Steve Schmunk, Vice President, website; David McGowan, Treasurer; Ann Russ, Secretary Pro Tem, Facebook, **Celebrant**; Lee Ossenheimer, Militza Georgevich English, Gail Razavi, Bill Waters.

**"We welcome you with love and peace. Our vision is a healed world."**