Dear Unity Friends,

Just over a week ago, on January 20th, we had a special treat. Mary Hanson, a UP native, and currently a licensed Unity teacher, conducted a couple of traditional ceremonies during our Sunday service. She started with a Burning Bowl Ceremony, which is usually performed on New Years Eve. And she finished with a White Stone Ceremony, traditionally performed on New Years Day. For those unfamiliar with it, The burning bowl ceremony is a chance to give outward form to the release of negativity. The White Stone Ceremony is a chance to invite positive energy into your life. It is my hope to continue the tradition of these ceremonies on an annual basis going forward.

Also on the 20th, I brought a significant amount of birthday cake to share. My daughter had made way too much for me to finish by myself and this was a great opportunity to share it with good friends. The group sang Happy Birthday to me, and Mary immediately broke into God is Blessing You Now. Unity has a long traditional of singing God is Blessing You Now to the tune of Happy Birthday. Since as a young child I was raised in the Unity Church, I had this sung to me annually until we moved to another state with no Unity group any where near us. I had all but forgotten the tradition, but it was absolutely Magical for me to hear it sung to me on my birthday again. I thank all of you for this wonderful experience. Which brings us to our list of February Birthdays.

May you all have a wonderful day:

Cindy Brown February 12 Colleen O'Hara February 13 Steve Schmunk February 16 Martha Fotopulos February 20 Judy McGowan February 29

ANNOUNCEMENTS:

There will be a board meeting on February 10th right after the service.

Out potluck will be on February 24th immediately following the service.

Our service schedule for February is:

February 3, 2019 - Judy McGowan will introduce the book <u>Loved Beyond Measure</u> by Michael T. Moran.

February 10, 2019 - Bill Waters presents: WALLS A conversation inspired by Bill's recent El Paso, Texas retreat to a Franciscan Mission.

February 17, 2019 - Reading and discussion of "The Gift of Kindness" from Michael T. Moran's book <u>Loved Beyond Measure</u>.

February 24, 2019 - Jane lery presents: Reflections on my experience working for Habitat For Humanity.

OUTREACH & PRAYER SUPPORT:

We prayers of affirmation for the ongoing healing of Carol Birnbaum, Darlene Herkins, Dorit Stilling and Bob Lamb.

We also had a special request form Angela Lukavsky for prayer support for her son in law Joshua Watson who is battling brain cancer.

In times of stress, or when extra reassurance is needed, there is a place to turn. That place is Silent Unity, which for 125 years has been accepting prayer requests, 24/7. You may call 1-800-PRAY-NOW/ 1-800-669-7720.

GENERAL INFORMATION:

Our meetings/services are held at the clubhouse of the Marquette Federated Women's Clubs at 104 W. Ridge St., Marquette, MI 49855. We begin at 10:00 AM Eastern time. Please check our website at <u>unityofinnerpeace.org</u> or visit our Facebook page at <u>HTTPS://www.facebook.com/Unity-of-Inner-Peace-918296191554881/</u> for further information.

Our Board members and assignments are as follows: Dan Michelsen President, newsletter; Steve Schmunk, Vice President, website; David McGowan, Treasurer; Lisa Long, Secretary; Militza Georgevich English; Gail Razavi; Bill Waters; Lee Osenheimer, member at large. Ann Russ, Facebook

"We welcome you with love and peace. Our vision is a healed world."

Peace and Blessings to all,

Dan Michelsen